



P R E M I E R
PHYSICAL THERAPY

Where it's all about you... all the time.

OFFICE 904-996-6922 **FAX** 904-996-6923 **WWW.PPTJAX.COM**

SOUTHSIDE 3500 BEACHWOOD COURT, STE 203, JACKSONVILLE, FL 32224

BEACHES 1492 SOUTH THIRD STREET, JACKSONVILLE BEACH, FL 32250

NORTHSIDE 480 BUSCH DRIVE, JACKSONVILLE, FL 32218

ONCOLOGY REHABILITATION

MOST PREVALENT SIDE EFFECTS DURING CANCER TREATMENT

- Fatigue
- Nausea
- Pain
- Weakness
- Stress
- Reduced QOL
- Decreased mobility

CHEMOTHERAPY EFFECTS

- Psychosocial effects
- Cardiac damage
- Decreased aerobic capacity
- Weight gain/loss (sarcopenia)
- Premature menopause
- Nausea
- Joint Pain

RADIATION EFFECTS

- Radiation-induced fibrosis
- Muscle impairments
- Shoulder and neck ROM deficits
- Lymphedema
- Osteoporosis
- Organ fibrosis
- Radiation recall

PHYSICAL THERAPY ROLE IN WORKING WITH CANCER PATIENTS

- Improve mobility
- Improve strength
- Reduce pain
- Combat Cancer Related Fatigue
- Decrease stress and anxiety
- Restore QOL
- Monitor and treat lymphedema
- Educate and empower